

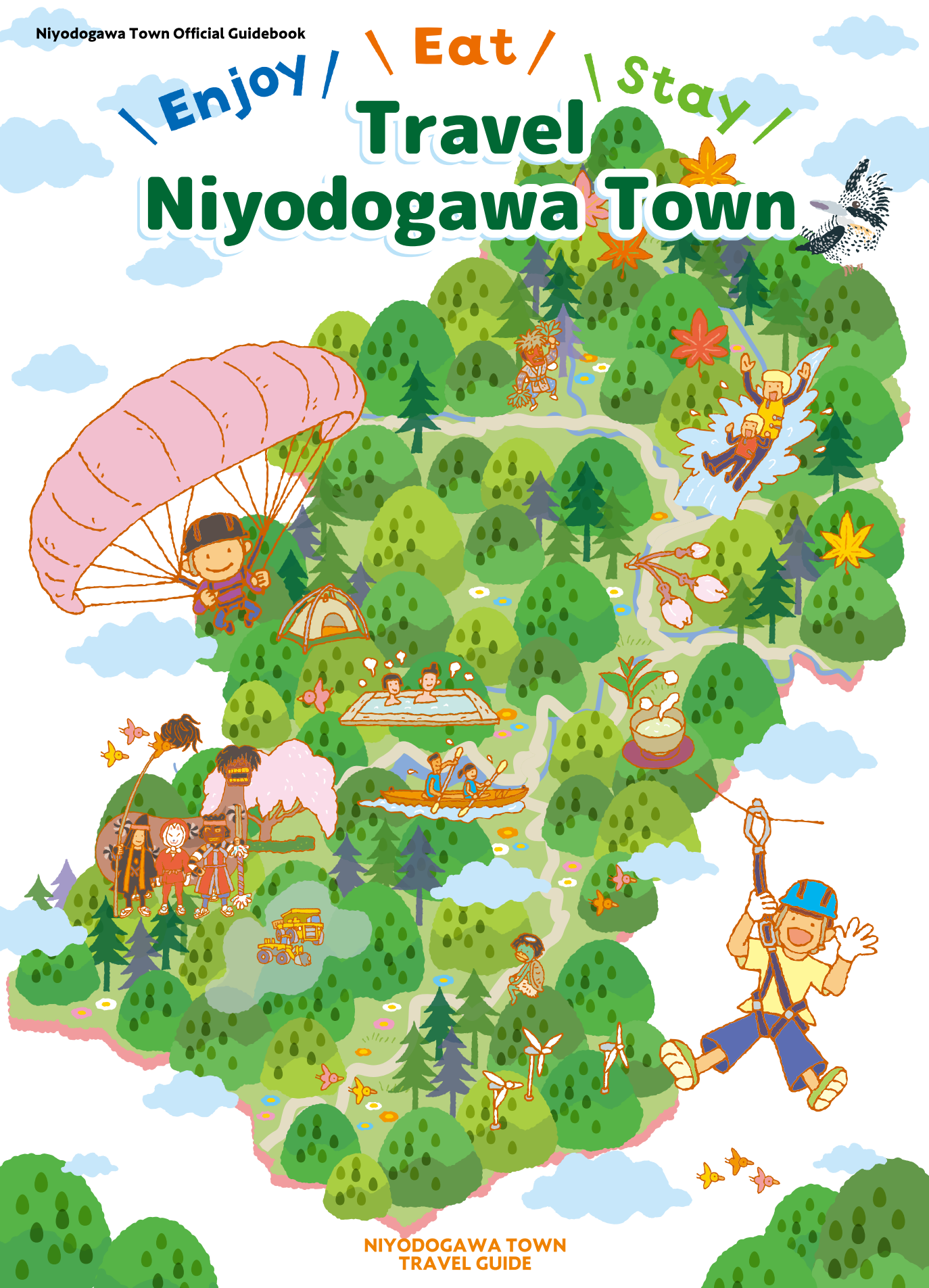
The cover features a vibrant, stylized illustration of a landscape with green hills, a blue sky with white clouds, and a large orange flower. The text is arranged in a playful, layered manner. At the top, 'Niyodogawa Town Official Guidebook' is written in a simple black font. Below this, the words 'Enjoy', 'Eat', and 'Stay' are written in blue, orange, and green respectively, each with a diagonal line through it. The word 'Travel' is written in a large, bold, green font with a white outline. At the bottom, 'Niyodogawa Town' is written in a large, bold, green font with a white outline.

Niyodogawa Town Official Guidebook

Enjoy / Eat / Stay

Travel

Niyodogawa Town



Introduction

Niyodogawa Town is nestled between lush green mountains woven by the clear waters of the Niyodo River. Enjoy activities in a crystal clear river, hike through beautiful valleys, and camp under a starry sky...

Experience the blessings of the Niyodo River with all five senses and “Enjoy.”

Niyodogawa Town is also famous for mountain and river delicacies nurtured by clear waters and fertile soil. Cuisine created from an abundance of local ingredients provides an important essence that colors the memories of your journey.

Experience the nature and culture of the Niyodo River through “Eating.”

Enjoy a relaxing time spent at a unique inn. Fall asleep to the sound of babbling waters and wake to the chirping of birds. An overnight “Stay” that soothes the mind and body will enhance your travel. Ah, this is Niyodogawa Town.

Embark on a journey that makes your heart flutter through “Enjoy, Eat and Stay.”

Table of Contents



04	24
Niyodo Blue	Play in Flowers
06	28
Tour Itinerary	Festivals and Kagura
Niyodo Blue Full Enjoyment Tour	
Sharing & Touring Magnificent Scenery	
Relaxing Journey for Encountering Soothing Scenery	
18	32
A Special Camping Experience to Encounter Unforgettable Scenery	Gourmet Guide
	38
	Accommodations Guide
	44
	Access Map



Events Calendar



February 11

● Akiba Festival (Besshi district)

One of the Three Great Festivals of Tosa, a procession of up to 200 people, led by masked hanataka, slowly parade along a 3-km mountain path from early morning to late afternoon, accompanied by the sounds of flutes, drums and gongs.

●Niyodo Regional Affairs Division, Niyodo General Branch Office
☎0889-32-1113



Mid-August

● Ikegawa River Seiryu Matsuri (Ikegawa Elementary School Grounds)

This festival features river-related events such as duck races and log rolling river races, as well as Kagura (Shinto music and dance) and fireworks.

●Ikegawa Regional Affairs Division, Ikegawa General Branch Office ☎0889-34-2114



End of March

● Yamatogusa blooming (Kaminanokawa, Niyodogawa-cho)

The Yamatogusa (Theligonum japonicum), which was first given its scientific name in Japan by Dr. Tomitaro Makino, is in full bloom from the end of March. Niyodogawa Town is the place where Dr. Makino discovered 37 new species, the largest number in Kochi Prefecture.

Early October

● Hoshigakubo Festival (Hoshigakubo Campsite)

The “Hoshigakubo Campsite” is a depression in a plateau that is said to have been formed long ago by a falling star. Events include open-air concerts and sales of local products.

●Board of Education ☎0889-35-0019

Second Sunday in April

● Nakatsu Tourism Opening (Nakatsu Valley)

This event marks the beginning of the tourist season with events such as dancing and karaoke as well as sales of local products.

●Planning and Promotion Division ☎0889-35-1082

Late November

● Nakatsu Valley Autumn Leaves Festival (Nakatsu Valley)

You can enjoy walking around Nakatsu Valley as autumn deepens. Sales of local products include wild boar hotpots, handmade soba noodles, irimochi (rice cakes), and dengaku.

●Planning and Promotion Division ☎0889-35-1082

Mid-June

● Shimona no Sato “Yamano Nandemo Market” (Mountain Village Nature School Shimona no Sato)

Wild plants, bonsai, flowers, seedlings, agricultural products, woodwork, old tools, antiques, and other items found, harvested, or made in the mountains are sold. Country cuisine is also served.

●Shimona no Sato ☎0889-36-0005



Mid-August

● Choja Tanabata Festival (Choja Oicho-mae Hiroba)

Various decorations are displayed on a 200-meter wire set above a terraced rice field, and events include a karaoke contest and sales of local products.

●Dandan Club Chairperson Yuko Nishimori ☎0889-32-2028



Late November

● Choja de Candle Night (Choja Oicho-mae Hiroba)

The number of candles associated with the Western calendar are lit in the terraced rice field. Events and sales of local products.

●Dandan Club Chairperson Yuko Nishimori ☎0889-32-2028



*Event dates are subject to change.



“Niyodo Blue” is an expression of nature that resides along the waterside of the Niyodo River basin. This is Niyodogawa Town, a town surrounded by the clear blue Niyodo River and deep forests. Niyodo Blue, named by

photographer Nobuyuki Takahashi, who has made the Niyodo River his life’s work, is also the pride of the people living in the basin. The Niyodo River was recognized as the clearest stream waters in Japan in 2010, and flows alongside pristine and traditional landscapes of Japan. The source of the river is Ishizuchi Mountain Range, the highest peaks in western Japan.

A primeval forest that receives heavy rains in summer and is covered with snow and ice in winter.

As the river meanders, it carves out deep V-shaped gorges, crosses prefectural borders and changes its name from the Omogo River to the Niyodo River, and travels a 124-km journey to the Pacific Ocean.

One of the origins of the name is the legend that Imperial Prince Takaoka, son of Emperor Heizei, named the river Niyodo because of its resemblance to the Yodo River.

Later, in the “Engishiki” established during the reign of Emperor Daigo, Ayu (Japanese sweetfish) from Tosa Province appeared as a tribute to the Imperial Court’s Niedono.



The River of Life, “Niyodo Blue”



Headwaters/Ishizuchi Mountain Range, Length of the river/124 km, Basin area/1,560 km² (about 95% of the area is mountainous)

Selected by the Ministry of Land, Infrastructure, Transport and Tourism as the “River with the best water quality” eight times between 2010 and 2019.



It is also said that the name Niyodo River was derived from this Niedono.

The fascinating thing about the Niyodo River is that it shows many different faces.

Several clearwater tributaries flow into the river like the veins of a leaf, increasing its transparency and forming a rich water system.

Tributaries flowing through Niyodogawa Town include the Iwaya River, Choja River, Nakatsu River, Yasui River, and Doi River.

The Niyodogawa water system has beautiful valleys that are reflected in the fresh green and autumn leaves, and you can see Ayu and Amego (red-spotted masu trout).

The complex intertwining of geological strata has created a great diversity of life.

“Living Great River, Niyodo River” where the creatures of the river, mountains and sky live together, and where children and adults alike can become familiar with the clear waters, is a richness that will be passed on to the future.

Profile of Nobuyuki Takahashi

Photographer, special envoy for tourism of Niyodogawa Town. Working freelance since 1972. He is the godfather of “Niyodo Blue,” and his works include “BLUE[S]” (a collection of photographs of the Niyodo River, published by Kochi Shimbun Sogo Printing), and “Beautiful River” (published by SHOGAKUKAN). Born in Kochi Prefecture.

What to do
in
Niyodogawa Town?

Recommended Plan 1

**Tour Itinerary
(Northern Area)**



Niyodogawa Town is full of attractions to see and enjoy with the whole family.
Introducing recommended plans to play, eat, and stay!

For both kids and adults!

Niyodo Blue Full Enjoyment Tour

Day 1



Outdoor Center

(Lunch)



CAFE and BEEF Karu.



Yasui Valley (Suishobuchi)

(Stay overnight)



Horaiso

Day 2



Ikegawa Chaen Kobo Cafe

Enjoy river-side attractions around the town of beautiful clear streams, hunt for spectacular views, and enjoy local delicacies!
Go on a journey with the whole family and enjoy all the charms of Niyodogawa Town!



First time
SUP!



① Ikegawa Chaen Kobo Cafe

A sweets cafe run by a local tea farmer. A wide selection of tea sweets that can only be enjoyed here, including puddings and parfaits made with carefully selected tea leaves!

- 695-4 Doiko, Niyodogawa-cho
- ☎ 0889-34-3100
- Open / 10:00 to 17:00
- Closed / Year-end and New Year holidays



② Niyodo River Outdoor Center

Experience crystal clear kayaking (a kayak with a transparent body) and SUP at the Miyazaki Riverbank Campsite along the Doi River, one of the most beautiful tributaries of the Niyodo River. Enjoy the clear streams in a relaxed atmosphere with a small group of people.

- Nagaya 6, Niyodogawa-cho
- ☎ 0889-20-9619



Excitement
for parents
and children!



③ Yasui Valley

A scenic spot interwoven with natural forests and beautiful mountain streams. Walking along the promenade is particularly popular, with many scenic spots that are popular on social media, including Suishobuchi, where you can get up close to Niyodo Blue, Sabo Dam (erosion control dam), and the impressive Hiryu Falls.

④ Horaiso

An inn located near the beautiful murmurs of the Yasui Valley. The inn offers a full range of services to make your journey memorable, including accommodations in a private cottage, handmade soba noodles, barbecues, and more.

⑤ CAFE and BEEF Karu.

A container house where you can enjoy a wide selection of lunch dishes including hamburgers, fried shrimp, and grilled Kuroge Wagyu Beef (Japanese black beef). The terrace seats overlooking the river are popular.



Recommended Plan 1

Tour Itinerary (Northern Area)

Niyodo River Outdoor Center

In a place with gentle currents, enjoy crystal clear kayaking, SUP, water bicycles, and kotatsu boats. Equipped with changing rooms and hot showers, take a break at this center regardless of the season. Another feature of this center is the photo shoot gift. Get a photo taken by drones and underwater cameras.

- Nagaya 6, Niyodogawa-cho
- ☎0889-20-9619

Crystal Clear Kayaking and SUP Experience

Take a leisurely stroll on the water right above Niyodo Blue in a transparent kayak♪

The instructor-led course is designed for first-timers and families with small children for safe and easy cruising in gentle currents.



Hold the paddle like this



It's like floating in the sky

Yasui Valley

Feel the beauty of each season in the valley where Niyodo blue comes alive

Yasui Valley Prefectural Natural Park

A nature park with rich natural forests along a clear stream flowing from the forests of the Ishizuchi Mountain Range. This park has many intriguing spots, including Suishobuchi, Sabo Dam, Hiryu Falls and Mikaeri Falls, and walking along the promenade is very popular. Another feature of the park is its seasonal scenery, with fresh greenery in summer and beautiful autumn leaves in fall.

Glad to have come all the way here!



Get up close to Niyodo Blue! Suishobuchi

When light shines through, it emits a beautiful blue glow like crystal, making it the most popular spot in the valley. Accessible on foot about 5 minutes from the parking lot, and the best time to view the scenery is around 11:00 a.m.

The approximately 1 km promenade connecting "Otomegawara" and "Momiji Park" is an attractive area where you can enjoy the beauty of the valley in all seasons while listening to the sounds of the river. In early summer, you can feel the beauty of fresh greenery and sunlight filtering through the trees. In autumn, you can enjoy the view of the valley surrounded by vivid autumn leaves.



CAFE and BEEF Karu.

Enjoy a delicious moment while admiring Niyodo Blue

This restaurant offers a splendid view of the river and mountains while enjoying its signature meat dishes. The lunchtime menu offers a wide selection of dishes, including the popular "Tosa Black Beef Yakiniku Set Meal," as well as "Steak" and the "Roast Beef Bowl." The "Kid's Lunch," which includes hamburger steak and fried shrimp as a set menu, is also popular with families.

- 769-5 Doiko, Niyodogawa-cho
- ☎0889-20-9921
- Open / 11:00 to 15:00 (LO 14:30), 17:00 to 21:00 (LO 20:30)
- Closed / Thursdays

*May close early if items sell out



Open as a yakiniku specialty restaurant during dinner time. Enjoy carefully selected Kuroge Wagyu Beef loin, sirloin, and rare cuts. Depending on the season and timing of your visit, Ayu caught in the nearby river may be added to the menu. *Will close once items sell out

Horaiso

An accommodation experience that blends in with the clear stream and beauty of the valley

This accommodation is located at the entrance of the Yasui Valley, and you can stay in the main building or in an entirely private cottage. An ideal base for sightseeing in the valley, with a restaurant and a large public bath available for non-lodgers, as well as riverside barbecue services and other facilities for enjoying the valley.

- 1627-4 Oya, Niyodogawa-cho
- ☎0889-34-3719
- Open / 11:00 to 14:30
- Closed / Thursdays



What to do
in
Niyodogawa Town?

Recommended Plan **2**

**Tour Itinerary
(Central Area)**

Day1



Niyodo Adventure
(Canyoning)

(Lunch)



Yunomori



**Walking through
the Nakatsu Valley**

(Dinner)



BLUE BREW Brewery

(Stay overnight)

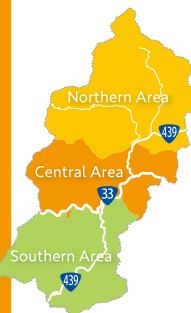


Shimona no Sato

Day2



Agawa Sky Park
(Paragliding)



Niyodogawa Town is full of attractions for couples to enjoy.
Introducing recommended plans to play, eat, and stay!

\ Time for two! / Sharing & Touring Magnificent Scenery

Enjoy activities, spectacular
views, hunts, and local gourmet
food with your loved one!
Set off on a private journey
where you can share your
excitement!



Perfect
for making
memories



Walking through
the Nakatsu Valley

Enjoy an active walking
experience where you can
weave your way through large
rocks and cross the river on a
stone bridge!
Enjoy the dynamic natural
beauty that abounds in the
valley.



BLUE BREW Brewery
& Taproom

A craft beer brewery nestled in a
quiet mountain area.
You can enjoy craft beer made
with beautiful spring water that
flows through Niyodogawa Town
along with light meals and snacks.

- 1131-4 Shimonanokawa, Niyodogawa-cho
- ☎050-3701-9091
- Open / 12:00 to 18:00
Friday and Saturday 12:00 to 20:00
- Closed /
Tuesdays and Wednesdays



Hyotan
Gourd Cherry Tree

An old cherry tree about 500 years
old, designated as a natural
monument by the prefecture. It is said
to have been named after the shape of
its buds, which resemble a gourd.

- 994 Sakura, Niyodogawa-cho
Inside Hyotan Gourd Cherry Tree Park
- ☎0889-35-1333
- Parking lot / 70 cars
- Peak bloom /
From late March to early April



Shimona no Sato

A multipurpose exchange facility where you can
stay at a renovated former elementary school.
There are also plenty of hands-on activities such as
making stone oven pizza and konjac.

- 619 Shimonanokawa, Niyodogawa-cho
- ☎0889-36-0005
- One night stay with dinner (BBQ) / From 9,300 yen,
One night stay without meals / From 5,900 yen



Recommended Plan 2

Tour Itinerary (Central Area)

BLUE BREW Brewery

A brewery where you can enjoy freshly brewed craft beer in the middle of nature. Offering a variety of beers that can only be tasted here, made with natural mountain water for sake brewing and secondary ingredients such as local tea leaves, yuzu, and ginger, and the "4-glass tasting set" that allows you to compare different beers is especially popular.

- 1131-4 Shimonanokawa, Niyodogawa-cho
- ☎050-3701-9091
- Open / 12:00 to 18:00
Friday and Saturday 12:00 to 20:00
- Closed / Tuesdays and Wednesdays

Agawa Sky Park Paragliding Experience

An authentic paragliding base where dedicated instructors will carefully guide you. With strong updrafts, you can enjoy a fulfilling flight from near the top of the mountain to Sky Park. There is also a beginner plan where you can enjoy a short aerial walk ♪

- Kaminanokawa, Niyodogawa-cho
- ☎090-3185-3655
- Operating period /
April to November 10:00, 13:00
- Fee /
1 day experience course: 8,700 yen for adults,
half-day experience course: 5,700 yen for adults

Have fun
trying
different drinks!

BLUE BREW Brewery

A brewery where you can enjoy freshly brewed craft beer in the middle of nature. Offering a variety of beers that can only be tasted here, made with natural mountain water for sake brewing and secondary ingredients such as local tea leaves, yuzu, and ginger, and the "4-glass tasting set" that allows you to compare different beers is especially popular.

- 1131-4 Shimonanokawa, Niyodogawa-cho
- ☎050-3701-9091
- Open / 12:00 to 18:00
Friday and Saturday 12:00 to 20:00
- Closed / Tuesdays and Wednesdays

Agawa Sky Park Paragliding Experience

An authentic paragliding base where dedicated instructors will carefully guide you. With strong updrafts, you can enjoy a fulfilling flight from near the top of the mountain to Sky Park. There is also a beginner plan where you can enjoy a short aerial walk ♪

- Kaminanokawa, Niyodogawa-cho
- ☎090-3185-3655
- Operating period /
April to November 10:00, 13:00
- Fee /
1 day experience course: 8,700 yen for adults,
half-day experience course: 5,700 yen for adults

Paragliding
for the first time!

Greatest
memories
in the sky ♪



Niyodo Adventure

Canyoning experience playing in Niyodo Blue

Nakatsu Valley Canyoning Tour where you can fully enjoy the breathtakingly beautiful world of Niyodo Blue. Play anyway you like, from swimming leisurely in the sparkling blue water to jumping off the rocks. When the water temperature is low, you can take a leisurely journey down the valley using an inflatable boat.

- 450 Nanokawa, Niyodogawa-cho
- ☎080-5026-3288
- Open / 8:30 to 18:00
- Closed / None (closed in winter)
- Fee / Canyoning experience: from 9,500 yen



Strolling along the promenade is particularly popular in Nakatsu Valley. As you walk along the valley, natural beauty appears one after another, delighting the eyes of those who visit. Along the way, you will pass through rock tunnels, cross rivers on stone bridges, and enjoy extraordinary moments. The walking trail is about 1.3 km long, and it takes about 40 to 50 minutes to walk to the end and back.

Nakatsu Valley

A dynamic valley walk where you can enjoy nature with all your senses

Nakatsu Valley Prefectural Natural Park

The valley was formed over a long period of time by the river flowing steadily through the valley and the wind and rain beating against the rock faces. You can encounter many eye-catching sites and interesting objects in the valley, such as Uryu Falls, Ryugubuchi, and an 8-meter stone pillar. Nakatsu Valley can be enjoyed throughout the year from spring with its dazzling green foliage to fall with its beautiful autumn leaves.

Explore
the great
outdoors
at your leisure!



Nakatsu Valley Yunomori

An inn of hospitality surrounded by rich nature

A hot spring inn located at the entrance of the magnificent Nakatsu Valley. The building is made from wood from Niyodogawa Town that harmonizes with the surrounding environment, with Japanese-style rooms in the main building and cottages in a separate building. The restaurant and hot spring in the building are also open to the public, so many people use this facility while sightseeing in the valley.

- 258-1 Nanokawa, Niyodogawa-cho
- ☎0889-36-0680
- Fee /
1 night with 2 meals (Japanese-style room): from 20,430 yen
- One-day bathing /
11:00 to 20:30 (closed at 19:30)
- Closed / Tuesdays and
Wednesdays (Not fixed)



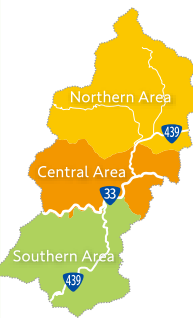
Uryu Falls

Uryu Falls is a 20m waterfall located deep in a valley between several dozen meters of rock faces. A shimenawa (a sacred rope of rice-straw) is hung above the waterfall, and when the light reflects off the particles of the spray that hangs over the area, a beautiful rainbow appears, creating a magnificent and mysterious sight.

What to do
in
Niyodogawa Town?

Recommended Plan 3

**Tour Itinerary
(Southern Area)**



Niyodogawa Town is full of attractions for couples to enjoy.
Introducing recommended plans to play, eat, and stay!

For both kids and adults!

Relaxing Journey for Encountering Soothing Scenery

A peaceful time spent
with your spouse.
A quaint journey for adults to
taste local delicacies and feel
the charm of nature and
culture.

Try some
of the most
popular activities!



Day1



NIYOFLY
(Suspension bridge / Zip line)
(Lunch)



Tea Farmer's Store Asunaro



Iwaya River Valley



**Walking around
Odo Dam**

(Stay overnight)



Akiba no Yado

Day2



**Torigatayama
Forest Botanical Park**



Iwaya River Valley

A valley that is like a hidden gem, quietly nestled deep in the mountains. The valley is surrounded by pristine virgin forests, and there are many attractive places such as huge mysterious rocks, beautiful basins, and large cracks in the rocks where ancient geological formations can be seen intact.



Walking around Odo Dam

This area, which has the largest dam on the main stream of the Niyodo River, is one of the most famous cherry blossom viewing spots in the prefecture. In spring, cherry blossoms bloom on the surrounding slopes and by the lake, and combined with the beauty of the quiet lake, it is a perfect spot for a stroll!



A great and
spectacular
view!



Akiba no Yado

A relaxing inn with guest rooms overlooking the Odo Dam. A wide selection of outdoor equipment is available for rent, and you can enjoy BBQ and camping while viewing the magnificent scenery that unfolds before you.



Tea Farmer's Store Asunaro

A tea cafe on the banks of Odo Dam. In addition to meals lavishly decorated with tea leaves and local ingredients, there is also a wide selection of takeaway sweets and smoothies.

● 224-6 Washinosu, Niyodogawa-cho ● ☎ 0889-36-0188
● Open / 10:00 to 16:00 ● Closed / Thursdays

*Open at 11:00 from December to March, closed on Thursdays and Fridays.



Recommended Plan 3

Tour Itinerary (Southern Area)

NIYOFLY

(Suspension bridge / Zip line)

Japan's first screaming suspension bridge and exhilarating zip line experience. You will travel 30 m above the Iwaya River Valley, where unspoiled nature remains, using a suspension bridge on the way and a zip line on the way back. Even beginners can experience this activity easily, and after the experience, you can enjoy Sawatari tea and Daifuku (rice cake) at the rest area.

- 2551-31 Besshi Ishinouchi, Niyodogawa-cho
- ☎090-4546-0855 ● Open / 9:00 to 17:00
- Closed / Thursdays
(When Thursday is a national holiday, the following day)

It's so exhilaration!



The gentle course makes it easy to walk!

Torigatayama Forest Botanical Park

A natural park that spreads across the ridge of Mt. Torigata. A large expanse of natural forest where a variety of alpine plants grow, and the hiking trail (30 minutes one way) that leads from the parking lot at an altitude of 1,200 m to the summit is particularly popular. From the observation deck on the ridge, you can get a panoramic view of the open-cut limestone mine.

- Besshi, Niyodogawa-cho
- ☎0889-32-1113
(Niyodo General Branch Office)



Iwaya River Valley

Immerse yourself in a mysterious world surrounded by unspoiled nature

A beautiful valley located within Shikoku Karst Prefectural Natural Park. The beauty of the valley, woven by unspoiled nature, spreads over a total length of 2 km, including a large rock formation called "Island Rock" and the largest pool, "Ofuyu Pool." In the upper reaches, you can see large fissures in the ground called "Ohikiwari and Kohikiwari," where ancient strata can be seen as they are. These fissures are designated as a national natural monument.



Overwhelmed by the scale of nature!

Five rivers in Niyodogawa Town, Iwaya River, Choja River, Nakatsu River, Yasui River, and Doi River are the main tributaries of the Niyodo River. Among them, the Iwaya River is so beautiful that it was selected as one of the 40 famous waters of Tosa. You can see Amago and other fish. The nearly transparent blue river flows into Odo Dam Lake from its headstream near Ohikiwari.



Tea Farmer's Store Asunaro

Enjoy local food with freshly picked tea

This restaurant offers dishes and sweets made with Sawatari tea grown by local tea farmers. You can enjoy a wide selection of delicious teas from Niyodogawa Town, including Sawatari tea, which you can sample. The particularly popular "Asunaro Gozen" is a dish that uses an abundance of freshly picked tea leaves and fresh local ingredients, allowing you to fully enjoy the flavors of the region.



- 224-6 Washinosu, Niyodogawa-cho
- ☎0889-36-0188
- Open / 10:00 to 16:00, Lunch 10:00 to 14:00
- Closed / Thursdays

*Open at 11:00 from December to March, closed on Thursdays and Fridays.



Akiba no Yado

Experiential accommodations where you can enjoy activities

The inn is located in a perfect location with panoramic views of Odo Dam and Sagiri Lake (dam lake). Guest rooms are quiet and comfortable Japanese-style rooms where you can spend a relaxing time with your family or friends. Dinner using plenty of fresh local ingredients is popular among guests.

- 3869 Takase, Niyodogawa-cho
- ☎0889-32-2771
- Open / Check in 16:00 to 21:00 Check out 10:00
- Fee / 7,980 yen / person Meals: 2 meals (breakfast and dinner) included
- Parking lot / Available (20 cars)

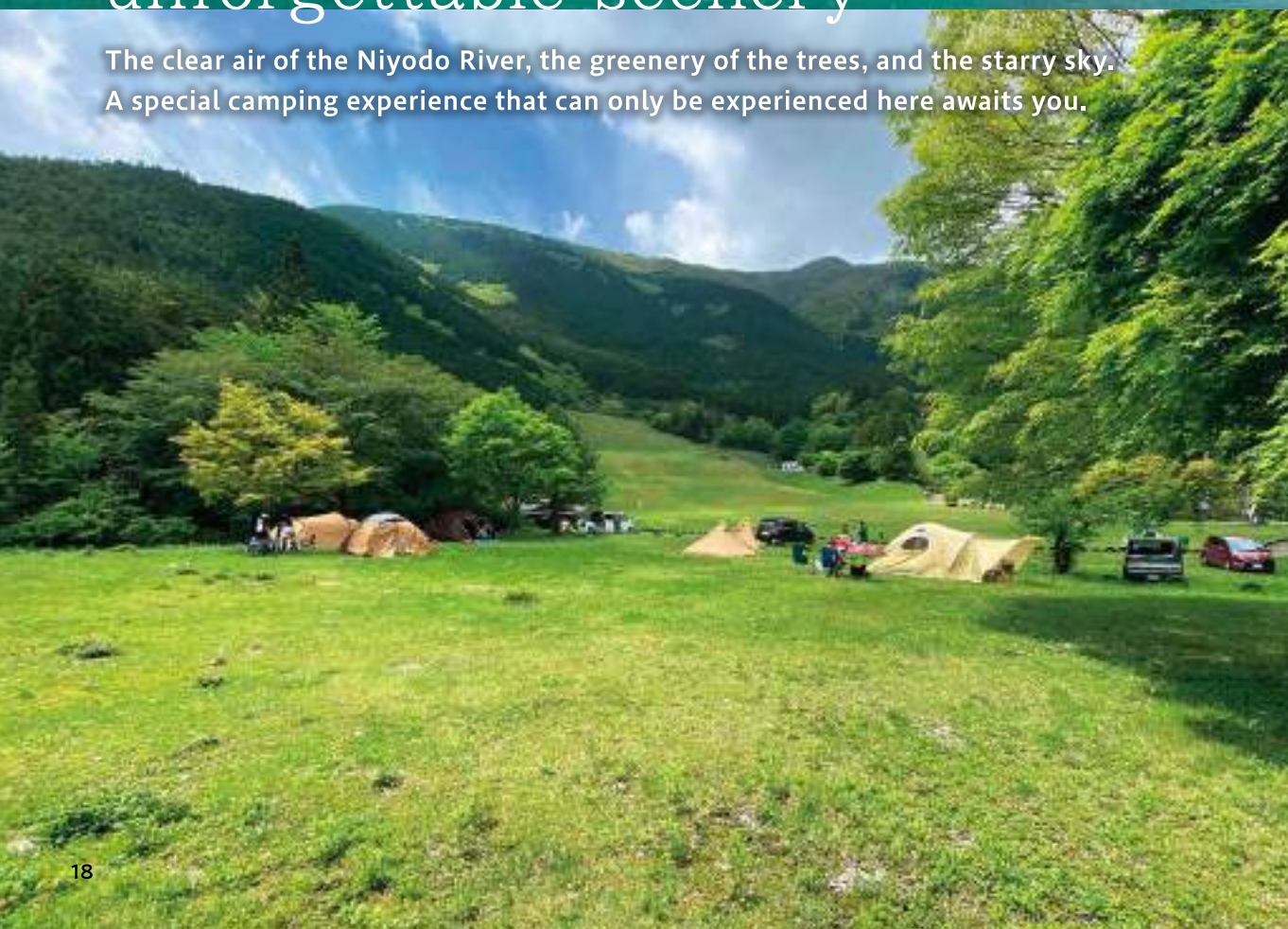
Full of delicacies from the sea, mountains, and rivers♪





A special camping experience to encounter unforgettable scenery

The clear air of the Niyodo River, the greenery of the trees, and the starry sky.
A special camping experience that can only be experienced here awaits you.



01 Miyazaki Riverbank Campsite

A campsite where you can casually experience Niyodo Blue

This famous campsite allows you to enjoy various riverside activities, including barbecues and camping, all free of charge. The river boasts the highest transparency in the basin, and the current is gentle with few rocky areas. There are shallow areas where children can play to deep water areas where you can dive, but make sure to wear a life jacket.
SUP and kayaking are also available at the nearby "Niyodo River Outdoor Center" (reservations required).

- 916-3 Doiko, Niyodogawa-cho
- Ikegawa Regional Affairs Division, Ikegawa General Branch Office 0889-34-2111 (Weekdays 8:30 to 17:15)
- Fee / Free

*Reservations are not required, but you may not be able to use the area depending on the conditions on the day



Niyodogawa Town Fureai Park Auto Campsite 02

First-time visitors to Niyodo Blue Camp should start here!

A fee-based campsite located between the Miyazaki Riverbank Campsite and Akaise Swimming Area, famous for its natural diving board. The ground is flat, making it easy to pitch a tent, and it is equipped with a cooking area and toilets, making it easy for beginners to use. In some sections, cars can be brought in. With a river right in front of you and plenty of shady trees, it is comfortable even in summer.
In spring, you can spend a relaxing time surrounded by cherry blossoms. In summer, you can enjoy playing in the river to your heart's content.

- Nagaya 6, Niyodogawa-cho
- Niyodo River Outdoor Center 0889-20-9619 (8:30 to 17:00)
- Fee (per person) /
One section: accommodation basic fee 2,000 yen + usage fee 200 yen, day basic fee 1,500 yen + usage fee 150 yen
During peak season: accommodation basic fee 3,000 yen + usage fee 300 yen, day basic fee 2,500 yen + usage fee 250 yen
100 yen usage fee for elementary school students and younger, free for children aged 3 and younger
For day camp during peak season, open from 11:30 to 16:00.
- For inquiries and reservations, please call or use the contact form on our website.
<https://www.niyodo.jp>





03 Yumenomori Park Campsite

Learning in nature - water and forest campsite

A fee-based campsite located upstream of the "Mountain Village Nature School Shimona no Sato", north of the Nakatsu River. You can fish or play in the river in front of the stream, and there are also promenades in the forest, where you can go hiking or climb the tourist attractions "Akadaki and Shirotaki." The ground is covered with grass and equipped with an outdoor cooking area and toilets, making it ideal for families and groups. We also recommend stopping by the nearby beer stand!

- Shimonanokawa, Niyodogawa-cho
- ☎ Shimona no Sato 0889-36-0005 (8:30 to 17:00)
- Closed / Wednesdays, the next day if Wednesday is a national holiday
- Fee (per person) / 550 yen for free site period, varies per section during sectioned site period
- Check in 13:00 to 18:00, Check out until 11:00
- Open fires are strictly prohibited in the campsite.
- For details on sectioned sites, visit the website <https://shimona23.com>



05 Akiba no Yado Campsite

Safe and secure camping next to accommodation facilities!

A fee-based campsite at "Akiba no Yado", an accommodation facility that uses a former elementary school. You can enjoy spacious camping on the adjacent grounds. Tent sites are limited to 10 groups, so there is no worry about getting crowded. You can also use this campsite just for day for BBQ. Food plans and outdoor item rental packages are also available, so do not worry if you forget something! You can also take a bath at the inn overlooking the Odo Dam.

- 3869 Takase, Niyodogawa-cho
- ☎ Akiba no Yado 0889-32-2771
- Fee / 1,000 yen + 500 yen / person
- Available hours / 11:00 to 10:00 the following morning
- Up to 10 people per group. For groups exceeding 10, please make additional reservations. For details, please visit the website. <https://akibanoyado.com>



Agawa Sky Park Campsite

04

A campsite close to the sky - Try the touching the sky experience!

A free campsite near the summit of Mt. Nakatsu Myojin, which stands on the border between Ehime and Kochi prefectures. Surrounded by the high mountains of the Nakatsu Valley, it offers an outstanding sense of openness. Also a full-scale paragliding base, so make a reservation in advance and enjoy the experience. Note that, reservations are not required for the campsite, but you may not be able to use the area depending on the conditions on the day. Also, the campsite is closed in winter, so make sure to check before visiting.

- Kaminanokawa, Niyodogawa-cho
- ☎ Planning and Promotion Division, Niyodogawa Town 0889-35-1082 (Weekdays 8:30 to 17:15)
- Closed / Closed in winter (December 1 to March 31)
- Fee / Free

*Tents and car parking are prohibited in the paragliding area. Reservations are not required, but you may not be able to use the area depending on the conditions on the day.



06 Hoshigakubo Campsite

A campsite surrounded by a star-filled sky and abundant nature

A free campsite located at an altitude of 600m, past a village built with magnificent stonework. In the center of the grounds is "Star Pond", which is said to be the remains of a meteorite that fell there and the tent sites centered around the pond are surrounded by sky and forest, allowing visitors to fully enjoy an extraordinary experience. This campsite is also known for its hidden scenic spots, where you can see a sky full of stars at night. Reservations are not required, but you may not be able to use the area depending on the conditions on the day, so make sure to check before visiting.

- Chojaotsu, Niyodogawa-cho
- ☎ Niyodo Regional Affairs Division, Niyodo General Branch Office 0889-32-1113 (Weekdays 8:30 to 17:15)
- Fee / Free

*Reservations are not required, but you may not be able to use the area depending on the conditions on the day



Niyodogawa Town at night with thousands of twinkling stars

Enjoy stargazing in “Niyodogawa Town at Night” where darkness and quiet reigns. In Niyodogawa Town, which has a different charm from the natural beauty of the daytime, why not look up at the stars sparkling like jewels and be enveloped by the soft light of the moon?



Located in the mountains, Niyodogawa Town offers a profound silence at night, as if the town itself expresses the words “peace and silence.” There are very few lights in the houses, so the darkness stands out at night. This hidden charm of the town attracts people. The darkness makes for enjoyment of the star-filled sky all over the town. The starry sky seen from Niyodogawa Town is characterized by the sheer number of stars that can be seen with the naked eye, thanks to the pristine air created by the surrounding mountains and the minimal artificial lighting that obstructs their brilliance. And, the high altitude makes the sky feel closer. Under the shower of a star-filled sky, you might feel as if you could reach out and touch the stars through the “screen of stars.” This proximity makes you feel as if you are floating in the universe. There are plenty of attractive spots perfect for stargazing within the town, but if you go a little further out from the town center

or into the mountainous areas, even more beautiful starry skies can be seen. You can enjoy the brilliance of each star that makes up the constellations and the magnificent sight of the Milky Way with the naked eye, so you will discover the charm of the starry sky that you cannot usually experience in the city. In addition to the beautiful starry sky, the mountainous areas offer the faint light of the town between the mountains, creating a fantastical view as the sun sets and the night stars appear. The recommended season is summer. The weather is perfect for relaxing outdoors while enjoying the starry sky, and in early summer you can also enjoy the beautiful combination of fireflies and stars. As you leisurely gaze at the stars, try to find Vega (Orihime, Vega Star) in Lyra, shining high in the eastern sky, Altair (Hikoboshi, Male Star) in Aquila, shining brightly beyond the Milky Way, and the “Great Summer Triangle” formed by these two stars and Deneb in Cygnus.

Campsite Precautions

- As nights can get cold, make sure to prepare appropriate measures to stay warm.
- Do not make noise at night so as not to disturb other campers.
- Please be aware of wildlife and dispose of food and trash appropriately.
- For safety, handle campfires with great care.



Spend an evening with good friends under a star-filled sky. After enjoying charcoal-cooked Ikegawa Konjac and brown mushrooms with Spanish-style garlic sauce and a barbecue using ingredients brought by participants, enjoy the natural planetarium together♪





Niyodo River that plays with flowers, showcasing the vibrant colors of each season.

Cherry blossoms herald the arrival of spring, and peach blossoms adorn the countryside.

Niyodogawa Town, like a paradise, is the stage for spectacular seasonal flowers. Why don't you go out and play with the flowers?

Cherry Blossom Map in Spring



Cherry

Hyotan Gourd **Cherry** Tree

This old Edohigan tree is about 500 years old, 21 m tall, and 6 m around the base, and is designated as a prefectural natural monument. The lower part of the calyx tube (base) of the flower swells into a spherical shape, and when viewed from the side, it looks like a gourd, so it eventually came to be called the "gourd cherry tree." The area surrounding the "Gourd Cherry Tree" was originally called "Oyabu", but in 1958 it was renamed "Sakura" after this cherry tree.

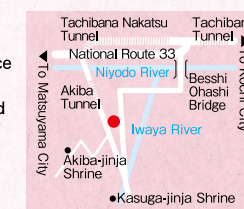
- This Edohigan (Ubahigan) tree has gourd-shaped buds.
- About 500 years old, with a height of 21 m and a root circumference of 6 m.
- Designated as a prefectural natural monument in 1953 (Showa 28).
- The flowers are small and elegant, and the tree is still going strong.
- The peak bloom period is from late March to early April.



Ichikawa Family's Weeping **Cherry** Tree

The weeping cherry tree creates a dome-like canopy to welcome you in the garden. The flowers reach down to the ground like white fireworks. Today, Mitsufusa Ichikawa, the fourteenth head of the Ichikawa family, takes care of the cherry tree. When the cherry tree was planted in 1955, the seedling was about the height of a person. The land seems to be very suitable for cherry blossoms, as they grow quickly. The branches are so well balanced in all directions that when the portable shrine of the Akiba Festival passes by, the branches are bundled together. When the cherry blossoms are in bloom, mountain larks and titmice come to the garden and can be seen pecking at food from Mr. Ichikawa's hand.

- About 70 years old.
- With a height of 9 m and a root circumference of 1.4 m.
- The peak bloom period is from late March to early April.



Spring haze of Somei Yoshino cherry trees on the lake surface

Cherry Blossom Trees along the Lakeside Odo Dam

Approximately 1,600 Somei Yoshino cherry trees are in full bloom on the paths and slopes along the south bank of the dam. A driving course with a striking contrast between the lake surface and the green of the tea fields. The peak bloom period is from late March to early April.



Cherry Blossom Trees in Fureai Park

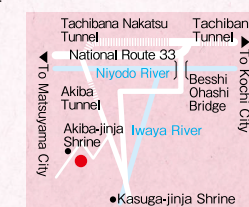
A row of Somei Yoshino cherry trees stretches for about 800 meters along the banks of the Doi River. The sight of petals floating on the clear water makes it hard to believe that you are in the middle of a town. The peak bloom period is from late March to early April.



Nakagoshi Family's Weeping **Cherry** Tree

In the vicinity of Akiba-jinja Shrine, known for its bold and valiant processions, lies the Nakagoshi family's garden. The Nakagoshi family has served as the shrine's priests for generations, and the garden was a resting place for Fukao, the feudal lord of Sakawa. You can find a weeping cherry tree that has stood the test of time for over 200 years. The extending branches serve as a waterfall of flowers that fall from the garden of the old mansion as if celebrating spring, creating a world of fantasy and ethereal beauty. During the Akiba Festival processions held on February 11, when the snow remains, as many as 200 people in gorgeous procession parade through this garden and along the path in front of the house, and the spectacular Torike Hineri (throwing spears of approx. 7 meters) is also performed.

- About 200 years old Edohigan (Ubahigan).
- With a height of 15 m and a root circumference of 4.5 m.
- A town-designated natural monument.
- The peak bloom period is early April.



Blossoming Peach Trees

Every April in the Kamikuki, Kuki, Hikichi, and other districts, the scenery that is truly worthy of being called a paradise on Earth unfolds. The blossoming peach trees planted by the residents of the district in the hope that they would become a new tourist attraction are in full bloom. In the beginning, there were only about five plants, but over the past 15 years, the number has grown to several thousand. The sight of the red, white, and pink hues enveloping the village is overwhelming and breathtakingly beautiful. It is now known as one of the best flower viewing spots in the prefecture and attracts many tourists. The oldest submersible bridge in Kochi Prefecture, Kuki Submersible Bridge, is nearby, so why not stretch your legs after cherry blossom viewing?

Blossoming Peach & Rose Map

Blossoming Peach Trees in Teramura Hananosato Park
 Takenotani district ★ rose garden
 Blossoming Peach Trees in Hikichibashi
 Blossoming Peach Trees in Kuki
 Blossoming Peach Trees in Kamikuki



Blossoming Peach Trees in Hikichibashi

Hikichi Park is located on the opposite side of the Drive-in Hikichibashi. As many as 100 blossoming peach trees of red, white, and pink bloom vividly on the green slope. It is one of the scenic spots for viewing the Niyodo River.

Blossoming Peach Trees in Kuki

An area in front of Kamikuki. You can enjoy deep colored flowers and countryside scenery that fill the mountain slope directly opposite the former Kuki Elementary School. The peak bloom period is from late March to early April.



Blossoming Peach Trees in Kamikuki

Cold-hardy blossoming peach trees that have been planted by the residents of the area little by little over the past 15 years. The white, pink, and red flowers have filled the mountain village, creating a paradise-like atmosphere. The peak bloom period is from late March to early April.



Blossoming Peach Trees in Teramura Hananosato Park

The white and pink blossoming peach trees that bloom on the mountain slope are stunning. The park is full of attractive objects made by residents of the area, and it is always a fun place to visit.



Rose



You can also enjoy the gorgeous roses in Niyodogawa Town. The best place to view them is in the gardens of the homes of Mrs. Yamanaka, Mrs. Yamao, and Mrs. Ito who are rose lovers and live in the Takenotani district, each of whom open their gardens to the public. Varieties of vibrant colors such as red, orange, pink, and white, which have been grown with great care, bloom one after another at slightly different times. They are in full bloom from May to June and from October to November, and the colorful competition in May is particularly spectacular. The roads in the district are narrow and there is no parking for visitors, so please park your car in the parking lot next to the Ikegawa Junior High School gymnasium, etc., and take a stroll through the village.

Creating a Park Driven by Fun for 15 Years

Located in a mountain village overlooking the Niyodo River, Hananosato Park is a "handmade park" built by local people. The person who has been maintaining the park for many years is Mr. Katsunori Kataoka. Originally started by Mr. Kataoka as a hobby 15 years ago, it has grown into a large park with the cooperation of local people, with blossoming peach trees spreading along roadsides and in fields. You can see attractive facilities and objects such as promenades, rest areas, unique signboards and chairs that Mr. Kataoka and local residents have enjoyed making, creating a playful space. During the peak season, you can see the blossoming peach trees in full bloom enveloping the village from the road running along the opposite riverbank.

Characteristics of Blossoming Peach Trees

Compared to cherry blossoms, peach blossoms have more petals and a longer peak period.



Festivals and Kagura



Festivals and Kagura are traditions that live on in the region.

Akiba Festival

The highlight of the three major festivals in Tosa, a Shinto ritual with 200 years of history

The sound of conch shells echoes, black bird feathers can be seen swaying up and down, and a lively procession (Onabare) of portable shrines and lions with willows and banners arrives. There is a total of 200 men. The long procession moves slowly to each spectacular scene, and makes you lose track of time. The most popular role is that of Torike, the "bird feathers" actor. Torike refers to a rod-like object decorated with bird feathers that are waved by the spear-bearer at the front of the Daimyo procession to demonstrate his authority and might. The Torike role is performed by a pair of actors. They showcase a dance resembling the spreading wings of a pair of birds, captivating the audience. One actor throws the Torike up with all his might, and his partner leaps like a full-body spring to catch it with a dramatic bending of his pole. The audience bursts into applause. This moment is the eternal longing of the men of the dedication troupe. Children start participating in the procession from early elementary school. The role changes as children grow, starting with the role of Kodachi (Ko means small), followed by Nakadachi (Naka means middle), Saihara (exorcism), and Yari (spears). The "Kachiai" (clashes) that the children perform at various points during the procession are full of energy. In the Tachi Odori (sword dance), children cut the bamboo dancing stick with a tachi sword. The music is mainly played by junior high school students, whose rhythms and drumming styles are slightly different in the three districts. The call to carry and shake the portable shrine carrying Hobusunano-mikoto, the god of the festival, is "Kyousa, kyousa!" The portable shrine weighs about 200 kg. The older generation exerts their strength in the form of hachimaki (headbands) with the word "Aki" dyed on their foreheads. On the premises of Akiba-jinja Shrine, where the procession returns at the end of the parade, there is a tiered spectator stand, and the parade reaches the climax with three rounds around the shrine hall. The Akiba Festival processions convey the atmosphere of a feudal lord's procession, and this festival is said to have originated during the Tosa clan era when the lord, Fukao, donated a complete set of equipment. Depending on the year, snow lingers on the roadsides and the feet of the actors freeze. Even when the weather is fine like in spring, Mt. Nakatsu (Mt. Myojin), which can be seen from Akiba, has a snow-covered winter face.



Highlights and Itinerary of the Festival	
Iwaya-jinja Shrine	8:30 to 9:00
Ichikawa family	9:10 to 10:00
Oishi family-mae	10:40 to 11:00
(Highlights of the Torike Hineri)	
Hosenji Temple	11:10 to 11:50
Nakagoshi family	13:00 to 13:30
Deguchido	13:30 to 13:45
(Highlights of the Torike Hineri)	
Akiba-jinja Shrine	14:20 to 15:30
*Times may vary depending on the situation	



Approximate time | About 1 hr 30 min by car from Kochi City
(To Besshi Ohashi Bridge)
About 1 hr 30 min by car from Matsuyama City
©For inquiries about the Akiba Festival, please contact
Niyodo Regional Affairs Division, Niyodo General Branch Office
☎0889-32-1113
HP <https://www.town.niyodogawa.lg.jp>



Both gods and people dance and play.

Kagura



Ikegawa Kagura

The magnificent Ikegawa-jinja Shrine hall sits on a mountain overlooking the town. The Ikegawa Kagura is dedication performance by shrine parishioners over a four-hour period on this stage. It is said to have originated about 400 years ago, during the reign of Hideyoshi Toyotomi. It is counted among the three great Kagura of Tosa, and has been nationally designated as an Important Intangible Folk Cultural Property. The "Kokin no Mai" is only passed down through Ikegawa Kagura in Tosa.



Nanokawa Iwato Kagura

It is said that Kodayu Hiura, a descendant of a fallen Heike fugitive, founded this performance 400 years ago after visiting the Ise-jingu Shrine to learn its techniques and manners. One of the features of this performance is many places where offerings are made, and the rhythm of the music changes with each dance, which is a particular characteristic of Nanokawa. The up-tempo musical accompaniment of the Uzume no Mai is a lively performance, and the Shiten no Mai, which uses a real sword, is also a spirited performance.



Yasui Kagura

Kagura dedication performance is offered at the autumn festival in the villages along the Yasui River. There are records of a kagura book from 1790 and a kagura mask from 1838, and it is said to have been handed down by the Okabayashi family, who served the shrine. Around 1916, Hojo Yasui, a priest from Yasui, inherited and preserved these traditions. There are 15 performances, including Maidashi-no-Mai and exorcism of demons. Nationally designated Important Intangible Cultural Property.



Portrait of Katsuyori Takeda, his wife and son Nobukatsu (Collection of Koyasan Jimyoin Temple)

Legend of Katsuyori Takeda

Katsuyori Takeda, the fourth son of the sengoku warlord Shingen Takeda, was defeated in battle by Nobunaga Oda and is said to have committed suicide at the young age of 37. However, the legend is strongly believed that he escaped to Tosa with the support of the Kosokabe family that ruled the region and became the founder of Osaki. Katsuyori changed his name to Osaki Gemba and lived out his natural life to the age of 64. According to the "Takeda Katsuyori Tosa no Ka", Osaki Hachimangu Shrine (Kawai-jinja Shrine) was built by Katsuyori. Gemba Odori was danced there. A festival was held in 2009 to commemorate the 400th anniversary of Katsuyori's death. Since then, the town has been working to revitalize itself by making use of the Katsuyori legend, such as by holding the "Autumn Festival of Gemba Takeda Katsuyori."



Narutama-jinja Shrine, which is said to be Katsuyori's grave site

History and Culture of Niyodogawa Town



Legend of the Emperor Antoku and the Heike Ochudo

In 1185, the Heike clan was defeated by Minamoto no Yoritomo's army and fell at Dannoura in Nagato. Legend has it that Kenreimonin Tokuko jumped into the sea while holding a person acting as a stand-in for the young Emperor Antoku, and the Emperor Antoku himself survived, escaping into the deep mountains of Shikoku with other Heike warlords. After overcoming many hardships, Taira no Tomomori and his party traveled from Iya to Monobe, then to Hongawa, and finally to Tsubayama at the far end of the mountain. It is said that they stayed there for several years, and seven of them, including the emperor Antoku, Taira no Tomomori, and Taira no Norimori, are enshrined at the Tsubayama-jinja Shrine. After that, it is said that he went to Miyako via the Shimonanokawa and established a temporary palace. At the "main residence" in Miyako, the Nishimori family has a fan, that is the family crest of the Heike clan, handed down from generation to generation.



The legendary site of the Imperial tomb in Miyako



Taiko dance of in Miyako in honor of the Emperor Antoku



Tosa Washi

The Tosa Seichoshi technique of handmade washi, handed down in Iwado, is highly durable and has been valued for use in merchants' daifuku-cho ledgers and temple kakocho registers. Designated as a prefectural cultural property.



Choja-no-Oicho (Ginkgo Biloba)

This giant ginkgo tree is said to be 1,200 years old and stands as if protecting the Choja district. With a height of approx. 15 m and a root circumference of 11.6 m, and designated as a prefectural natural monument.



Shrine Sculptures by Choshu Carpenters

Built in 1832, Kawashimayama-jinja Shrine in Momogawauchi features magnificent decorative sculptures by Choshu carpenters. They came from Suo-Oshima and left behind famous architecture in Niyodogawa Town.



Ohikiwari/Kohikiwari

Ohikiwari is a huge rock crevice 60 to 70 meters long and 40 meters deep at the top of the 1,100-meter-high mountain. Kohikiwari is also nearby. A national natural monument.



Matsuyama Kaido

The Matsuyama Kaido runs from Kochi castle town to Kuma and Mitsuhamma on the Iyo side, passing through Ochi and the northern part of Niyodogawa Town. A lighthouse from those days remains at Suzugatoge Pass.



Akadaki and Shirotaki

Mt. Nagasaka, where a copper mine once operated. Two frozen waterfalls sometimes appear here during the harsh winter season. *For inquiries, contact Mountain Village Nature School "Shimona no Sato"



Place where Yamatogusa was Discovered

The new species of Yamatogusa, for which Dr. Tomitaro Makino gave the first scientific name in Japan, was discovered in the upper reaches of the Nakatsu River. It also grows wild on Mt. Torigata and blooms in spring. Photo: Satotsugu Yoshioka



Buddhist statue of Yokain Temple

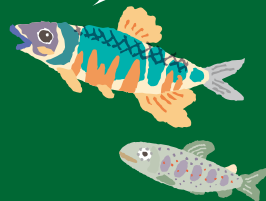
In 1892, this temple was moved from the precincts of Ryoanji Temple in Kyoto. The wooden seated statue of Bodhisattva handed down here is a National Important Cultural Property. *Gokaicho (open to the public): October 1, 10:00 to 15:00

What to eat in Niyodogawa Town

Gourmet Guide

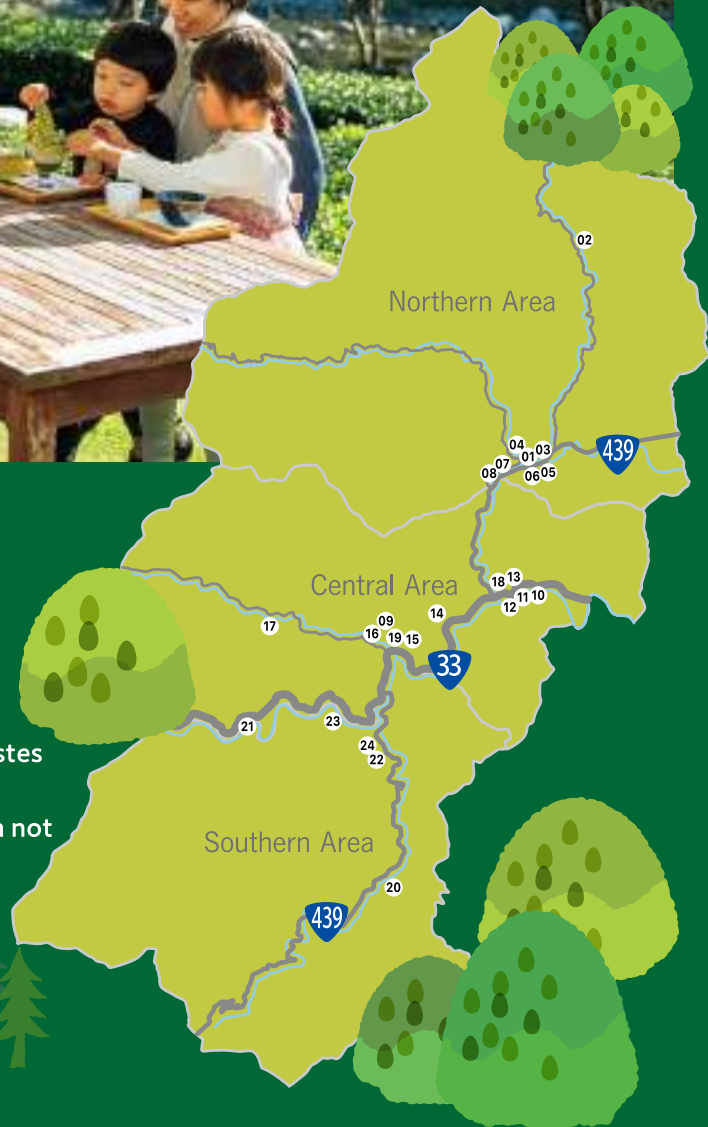
Gourmet Guide

Delicacies
that will make
you smile!

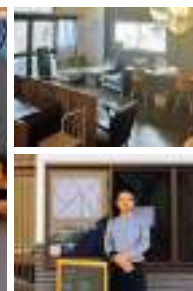


▲Niyodogawa Town is a tea production area.
Try some tea sweets while gazing at the clear stream.
(Page 34, Ikegawa Chaen Kobo Cafe)

The clear Niyodo River and lush forests have given birth to a diverse food culture. You can taste simple flavors handed down from the past and the unique tastes of this region. There are many delicacies that nourish not only the body but also the soul.



01 Peaceful homemade meals and warm smiles Cafe Okkuntoko



A community cafe loved by the locals. Popular handmade sweets have a gentle taste that makes the most of the flavors of the ingredients. Hearty lunches are also served.

Data

- 1076-5 Doiko, Niyodogawa-cho
- ☎080-5667-8106
- Open / 11:00 to 18:00 (Lunch served until 15:00)
- Closed / Sundays and Mondays
- *May close early if items sell out

02 A secluded inn to enjoy the beauty of the valley and the delicacies of the mountains Yasui Valley Horaiso



The building that comes into view as you enter Yasui Valley. The beauty of the mountains and valley unfolds before your eyes, with Mt. Horai, which gives the facility its name, towering above you. Cottages and BBQ facilities are also available, and in the fall, you can enjoy the scenery that turns red with autumn leaves.

Data

- 1627-4 Oya, Niyodogawa-cho
- ☎0889-34-3719
- Open / [Restaurant] 11:00 to 14:30
- Closed / Thursdays

03 A long-established inn located along the clear stream of the Doi River Minshuku Ichikawa



A long-established inn located along the clear stream of the Doi River. The owner, who trained in Kyoto, serves excellent food, and the stay while listening to the sounds of the river is truly exceptional!

Data

- 1031 Doiko, Niyodogawa-cho
- ☎0889-34-2036
- Open / Reservations required

04 Handmade konjac, a local tradition Yama no Megumisha cafe & workshop

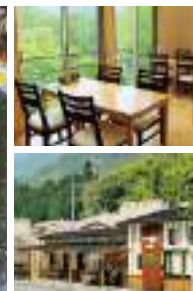


You can enjoy dishes using "Ikegawa Konjac," which has been made in Niyodogawa Town for a long time, and seasonal vegetables. New konjac dishes such as fries and desserts are also popular.

Data

- 7 Iwamaru, Niyodogawa-cho
- Open / 12:00 to 16:00
- Open Days / Saturdays and Sundays (reservations required 3 days in advance)
- Instagram / @akko2244

05 A hub for local delicacies and information Ikegawa 439 Exchange Center



Local fresh vegetables, sushi, steamed buns, tea and other local specialties. Why not take a breather while enjoying the view of the river at the restaurant? There is also a tourist information corner.

Data

- 450-2 Kitaura, Niyodogawa-cho
- ☎0889-34-3988
- Open / 7:00 to 18:00
- The restaurant is open from 10:30 to 14:30 (LO 14:00).
- Closed / Year-end and New Year holidays

06 A stylish bar that has been a place for getting together for 30 years Snack Bar Kirin



Ikegawa's night spot where you can spend a relaxing time. Of course, it is a perfect place for afterparties. You will love the menu items! There is also karaoke, so come for a night of relaxation with friends.

Data

- 490-1 Kitaura, Niyodogawa-cho
- ☎0889-34-2974
- Open / 17:00 to 23:30 [Saturdays and holidays] From 18:00
- Closed / Sundays

07 Enjoy steak or a set meal for lunch, and Yakimiku and sake for dinner CAFÉ and BEEF Karu.



Mainly meat dishes served. The landmark white container house. You can enjoy sitting on the terrace seats while looking out at Niyodo Blue with your pet.

Data
● 769-5 Doiko, Niyodogawa-cho
● ☎0889-20-9921
● Open /
[Lunch] 11:00 to 15:00 (LO 14:30)
[Dinner] 17:00 to 21:00 (LO 20:30)
● Closed / Thursdays

09 Dishes using an abundance of seasonal delicacies Restaurant Ponte in “Yunomori”



Restaurant at the entrance of “Nakatsu Valley.” A variety of dishes made with ingredients nurtured by the local nature and climate are popular.

Data
● 258-1 Nanokawa, Niyodogawa-cho
● ☎0889-36-0680
● Open /
[Lunch] 11:30 to 14:00 (LO 13:30)
[Dinner] 17:00 to 19:30 (LO 19:00)
● Closed / Tuesdays, Wednesdays (Twice a month), December 31, January 1

11 The real pleasure of Niyodo River for dining and enjoying the scenery Tosa Cuisine Kitahara



A restaurant where you can enjoy seasonal flavors such as natural Ayu, local mountain vegetables, and fish carefully selected by the owner at the local market. They will cater to your budget, number of people, and other requirements.

Data
● 238-3 Osaki, Niyodogawa-cho
● ☎0889-20-2123 (Reservations required)
● Open /
[Lunch] 11:00 to 14:00
[Dinner] 16:00 to 22:00

08 Premium sweets grown on tea plantations Ikegawa Chaen Kobo Cafe



A sweets kobo cafe that features teas, established by lady tea farmers. Why not relax while listening to the sounds of the Niyodo Blue River?

Data
● 695-4 Doiko, Niyodogawa-cho
● ☎0889-34-3100
● Open / 10:00 to 17:00
● Closed / Year-end and New Year holidays

10 A relaxing spot for listening to the sounds of a stream Kissa Gobankan



A Showa-era retro coffee shop along National Route 33. The inside of the small western-style building is open and airy with a vaulted ceiling. A retro coffee shop that gives you a nostalgic feeling.

Data
● 725 Kuzuwara, Niyodogawa-cho
● ☎0889-35-0838
● Open / 7:00 to 16:00
● Closed / Sundays and national holidays

12 Confident in fried foods ♪ Memorable taste and volume Ajidokoro Osaki



A hearty lunch is served. The owner served tonkatsu (pork cutlet) in Tokyo for many years. The homemade original sauce is also great. You can also make reservations for bento boxes and catering.

Data
● 325 Osaki, Niyodogawa-cho
● ☎0889-35-0309
● Open /
[Lunch] 11:30 to 13:30
[Dinner] Reservations required
● Closed / Mondays

13 Welcoming you with warm hospitality, “Okari” and “Otsukaresama” just like home Shikisaisai Yumeya



A friendly “familiar cafe that anyone can casually drop in to.” Koppepan bread sandwiches, curry and rice, sweets and drinks, etc., are also served. Included with kids’ space!

Data
● 171 Osaki, Niyodogawa-cho
● ☎0889-35-1077
● Open / [Cafe] Monday and Tuesday 11:30 to 14:30
[Izakaya] Friday and Saturday 19:00 to 23:00
● Closed / Not fixed

15 Refresh yourself with beautiful scenery and delicious food Echigoya Cafe



A cafe where you can enjoy a leisurely lunch or a cup of coffee while enjoying the view of the Niyodo River over National Route 33 through retro-styled windows.

Data
● 90 Nanokawa, Niyodogawa-cho
● ☎0889-36-0111
● Open /
[Lunch time] 11:30 to 14:00
[Cafe time] 14:00 to 16:00
● Closed / Wednesdays, 2nd and 4th Thursdays

17 Craft beer made with local ingredients and water BLUE BREW Brewery & Taproom Mukai Craft Brewing



Enjoy delicious beer and food in the great outdoors. You will surely have a great time with your family, children, friends, and pets.

Data
● 1131-4 Shimonanokawa, Niyodogawa-cho
● ☎050-3701-9091
● Open / [Sunday, Monday, Thursday] 12:00 to 18:00
[Friday, Saturday] 12:00 to 20:00
● Closed / Tuesdays and Wednesdays

14 A teahouse on a mountain pass for taking a break and being soothed by smiles Drive-in Hikichibashi



Since the opening of the restaurant, the specialty has been oden, a dish prepared by successive generations of owners. Authentic style menus, Amego and Ayu grilled in the sunken hearth are also served. A teahouse on a mountain pass for taking a break and being soothed by smiles

Data
● 62 Hikichi, Niyodogawa-cho
● ☎0889-35-1289
● Open / 9:00 to 17:00
● Closed / Wednesdays

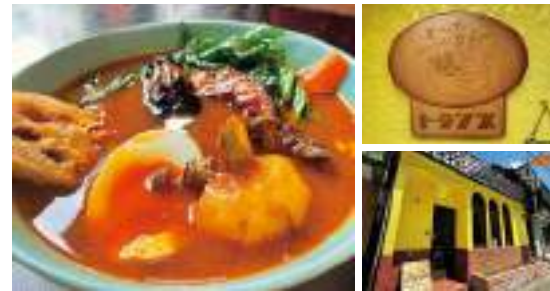
16 A dining place made entirely of cypress at the entrance of Nakatsu Valley Ebisu Chaya



In addition to meals and souvenirs available for purchase, includes a wide selection of local vegetables and local specialties.

Data
● 456 Nanokawa, Niyodogawa-cho
● ☎0889-36-0456
● Open / 10:00 to 16:00
● Closed / Mondays (open on public holidays)

18 Hot sandwiches at breakfast time are excellent ♪ Soup Curry Trance



Meals making full use of a combination of the clear, famous waters of the Niyodo River and the secret spices of the master chef. The deep flavors and aromas burst with deliciousness with every mouthful. Enjoy a blissful moment while your body and mind are filled with this exquisite soup that condenses the bounty of the local area.

Data
● 474-12 Osaki, Niyodogawa-cho
● ☎070-8515-4504
● Open / 11:00 to 20:00
● Closed / Wednesdays

19 Cafe Izakaya with local flavor and relaxation Saruhashi



A long-awaited izakaya opens in the Nanokawa district. Includes an extensive menu, so you can take your time choosing while enjoying the daily side dishes. You can also enjoy delicious meals made with seasonal ingredients.

Data

- 232 Nanokawa, Niyodogawa-cho
- ☎0889-20-9409
- Open / [Lunch] Wednesday, Saturday 11:00 to 14:00 (15:00 in summer) [Izakaya] 17:00 to 22:00 (Irregularly closed, by reservation only)

21 A cafe to enjoy Sawatari tea and tea sweets Tea Farmer's Store Asunaro



Offering sweets made with plenty of tea and meals using locally grown ingredients. This café uses wood from Niyodogawa Town, creating a soothing space with the scent of wood and the aroma of tea. Sweets and drinks are also available for takeaway.

Data

- 224-6 Washinosu, Niyodogawa-cho
- ☎0889-36-0188
- Open / 10:00 to 16:00 [Winter] 11:00 to 16:00
- Closed / Thursdays, Year-end and New Year holidays [Winter] Thursdays and Fridays

23 A gourmet inn with an astounding dynamic view Akiba no Yado



Overlooking the wide lakeside scenery of Odo Dam. Menu centering on Japanese cuisine made with fresh ingredients from the mountains and rivers. Reservations required for Sawachi dishes.

Data

- 3869 Takase, Niyodogawa-cho
- ☎0889-32-2771
- Open / [Restaurant / lunch] 11:30 to 14:30 (LO 14:00) [Dinner] 16:30 to 20:30 (LO 20:00)
- Closed / Mondays, Tuesdays (Restaurant)

20 View of the terraced rice field stretching out from terrace seats Village Activity Center Dandan no Sato



A farmers' restaurant with a panoramic view of the terraced rice field, where you can enjoy lunch menus using locally grown rice and vegetables, as well as cakes and sweets made by the local women's group.

Data

- 2546-11 Chojaotsu, Niyodogawa-cho
- ☎0889-32-1833
- Open / 9:00 to 15:00
- Closed / Mondays, Wednesdays, Fridays, Saturdays, and Sundays (Telephone confirmation required on Saturdays and Sundays)

22 Dining where locals and visitors gather together Romantei



Izakaya on the first floor of Inoue Ryokan is a modern Japanese-style atmosphere with sunken kotatsu and table seating for enjoying the outdoor view. Enjoy the popular pizza, yam teppanyaki, and the variety of alcohol-based drinks.

Data

- 2618 Mori, Niyodogawa-cho
- ☎0889-32-1039
- Open / 9:00 to 22:00
- Closed / Sundays

24 Enjoy freshly ground coffee and homemade curry Cafe Maruhachi



A long-established clothing store in the Mori district reborn as a cafe in October 2023. A comfortable gathering place for local people. This stylish cafe offers a delightful café experience and morning meals, and sometimes serves spice curry and dry curry.

Data

- 2615-5 Mori, Niyodogawa-cho
- ☎0889-32-1009
- Open / 8:30 to 15:30
- Closed / Tuesdays and Wednesdays (Temporarily closed)

25 Kitchen car with croffles, drinks, and alcohol-based drinks Blue café IMUA



A kitchen car run by a couple. The wife's special croffle combines the best of both croissants and waffles! The croffles are fluffy on the inside and crispy on the outside, and are a must-try. They go great with the husband's special drinks and alcohol-based drinks!

Data

- Please check on the Instagram account above for inquiries, kitchen car locations and hours of operation.



Niyodogawa Town Official Website



<https://www.town.niyodogawa.lg.jp/>



Niyodogawa Town Tourism Association Website



<https://www.niyodogawa.tv/>



Where to stay in Niyodogawa Town? Accommodations Guide

Accommodations Guide

Relax
time



▲In addition to enjoying the scenery, the gastronomy unique to Niyodogawa Town will make your journey more satisfying (Page 41, Akiba no Yado)

Whispers of the river and warm-hearted hospitality. Niyodogawa Town is dotted with inns where you can relax and unwind. Leave your everyday life behind and embark on a journey to soothe mind and body.



01

Enjoy the seasonal valleys for a relaxing and peaceful journey

Yasui Valley Horaiso

The building that comes into view as you enter Yasui Valley. The beauty of the mountains and valley unfolds before your eyes, with Mt. Horai, which gives the facility its name, towering above you. Cottages and BBQ facilities are also available, and in the fall, you can enjoy the scenery that turns red with autumn leaves.

Data

- 1627-4 Oya, Niyodogawa-cho
- ☎ 0889-34-3719
- Open / [Restaurant] 11:00 to 14:30
- Closed / Thursdays



- 1 2 Guest rooms (Japanese-style rooms with 6 tatami mats × 3, 10 tatami mats × 2), 13 cottages (4 to 10 people), training room (Japanese-style room, 60 person capacity)
- 3 Horaiso nestled in Yasui Valley



- 1 Welcoming you with dishes using plenty of freshly harvested mountain and river delicacies
- 2 Enjoy a quiet and tranquil time.
- 3 Riverside townscape that evokes the Showa era and the changing colors of the seasons.

02

A long-established inn located along the clear stream of the Doi River

Minshuku Ichikawa

A long-established inn located along the clear stream of the Doi River. The owner, who trained in Kyoto, serves excellent food, and the stay while listening to the sounds of the river is truly exceptional!

Data

- 1031 Doiko, Niyodogawa-cho
- ☎ 0889-34-2036
- Accommodations / From 9,900 yen (tax included, 2 meals per night)

03

Niyodo blue and memories of the Meiji era

Meiji-no-le Niyodo Blues

Experience the charm of a Meiji-era house, where you can feel the passage of time, available for exclusive rental for one group per day. The spacious 18-mat room is ideal for families and groups. Enjoy a warm and relaxing time as if you were back in your hometown in the countryside.

Data

- 995 Takenotani, Niyodogawa-cho
- ☎ 090-4781-3769
- Open / From the end of April to the end of September
- Accommodations / From 5,400 yen (for one person per night)
- *Minimum of 2 people



- 1 Accommodations limited to one group per day in a spacious house.
- 2 Spacious room with 18 tatami mats. Groups and large families can stay together.
- 3 Use the sunken hearth as you like and the spacious kitchen!



04



A traditional Japanese house for private rent, with a relaxing sunken hearth and wood-fired hinoki bath

Old private house for rent Yama no Megumisha

A 100-year-old private house for rent in Niyodogawa Town. Enjoy the wood-burning cypress bath, wood-burning stove, and Niyodo blue that unfolds before your eyes. Enjoy the luxury of doing nothing at this inn.

Data

- 7 Iwamaru, Niyodogawa-cho
- Accommodations / From 33,000 yen (tax included, without meals)
- *Up to 3 adults, entire house rental fee
- Instagram / @kochi_yamanomegumi_kominka



- 1 Renovated from a 100-year-old former blacksmith shop
- 2 Relax by the mountain village scenery
- 3 Hinoki bath with a view of Niyodo Blue is exceptional!



- 1 Vast private space of 6,000 tsubo
- 2 Highly recommend the course featuring locally pastured Tosa Red Beef.
- 3 Cottage experience to monopolize the starry sky and the sea of clouds

05



Enjoy a blissful time in a handcrafted cottage with a spectacular view and delicious food

Auberger Cottage Teppen / Grand Terrace

The owner's handcrafted cottage stands on a plateau at an altitude of about 750 meters above sea level. You can enjoy a course meal using home-grown vegetables and Tosa Red Beef.

Data

- 725-2 Yoriai, Niyodogawa-cho
- ☎0889-34-2855
- Open / [Lunch] 11:00 to 16:00 (Will be temporarily closed in 2025)
- Accommodations / From 18,000 yen (tax included, 2 meals per night)
- *Make a reservation 5 days in advance



07



History, warmth, and homey hospitality

Takagi Ryokan

A long-established ryokan with a 130-year history where you can enjoy cuisine using local ingredients. Also available for extended stays.

Respond to arrangements for banquets.

Data

- 2494-19 Chojatsu, Niyodogawa-cho
- ☎0889-32-1715
- Accommodations / From 8,360 yen (tax included, 2 meals per night)



- 1 Relaxing inn surrounded by rich nature.
- 2 Candle nights and other events are held in the terraced rice fields of Dandan near the inn.
- 3 Inn that is the closest inn to Mt. Torigata, which is associated with Dr. Makino.



- 1 Dinner using plenty of fresh local ingredients is popular among guests
- 2 Enjoy a relaxing time with family and friends
- 3 Excellent location overlooking the Odo Dam and Sagiri Lake (dam lake)

08



Experience-style accommodations overlooking the Niyodo River and dam, relaxing in a Japanese-style room with a spectacular view

Akiba no Yado

Overlooking the wide lakeside scenery of Odo Dam. Menu centering on Japanese cuisine made with fresh ingredients from the mountains and rivers. Reservations required for Sawachi dishes.

Data

- 3869 Takase, Niyodogawa-cho
- ☎0889-32-2771
- Accommodations / From 6,490 yen (tax included, without meals)



06



Experience rural life, resettlement and exchange

Niyodo River Regional Resettlement and Exchange Base Facility Yamachagoya (Inc.)

Simple accommodation facility
A 7-minute drive into the mountains from the Doi River, which is said to be particularly beautiful with its Niyodo blue color. Spend a special time in the mountains with a spectacular view.

Data

- 612-2 Takenotani, Niyodogawa-cho
- ☎0889-34-3004
- Accommodations / Adults: 5,500 yen, Children: 3,300 yen (1 room, up to 2 people)



- 1 Time to be comforted by the sounds of wild birds and the wind
- 2 As a base facility for resettlement and exchange, we also respond to inquiries about guest houses and share houses!
- 3 Recommended as a base for sightseeing in Niyodogawa Town



09



Enjoy hot springs and fine cuisine with a beautiful view of the valley from season to season

Nakatsu Valley Yunomori

A hot spring inn located at the entrance of the Nakatsu Valley.
Enjoy bathing in the hot spring baths while listening to the sounds of the river and enjoying the surrounding scenery.
After bathing, guests can enjoy dishes prepared with local seasonal ingredients in the guest-only restaurant.

Data

- 258-1 Nanokawa, Niyodogawa-cho
- ☎0889-36-0680
- Open / [Onsen] 11:00 to 20:30
- Closed / Tuesdays / Wednesdays (Twice a month), December 31, January 1
- Accommodations / From 20,430 yen (tax included, 2 meals per night)



- 1 Open-air bath for relaxation and feeling the change of the seasons!
- 2 Enjoy the beauty of delicate Japanese cuisine
- 3 Hot spring inn nestled at the entrance of the magnificent Nakatsu Valley





Staying in a wooden schoolhouse, experiencing nature and the warmth of a farming village

Village Activity Center Mountain Village Nature School Shimona no Sato

A multi-purpose exchange accommodation facility renovated from a former school building.

You can enjoy a variety of hands-on programs, such as making stone oven pizza.



- ① Children and adults alike can refresh themselves by exercising together in the old-fashioned gymnasium!
- ② Offering a comfortable accommodation space while retaining the atmosphere of a former school
- ③ Enjoy a warm and relaxing time with family and friends around the sunken hearth

Data

●619 Shimonanokawa,
Niyodogawa-cho
●0889-36-0005

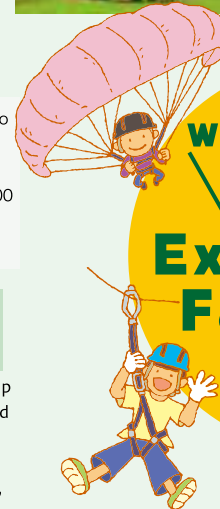


An exciting experience of flying in the sky! Wind-Pal ESD

Paragliding is a great way to enjoy a sense of floating that you can never experience in everyday life. At Agawa Sky Park, which stretches at the foot of Mt. Nakatsu Myojin, dedicated instructors will carefully guide beginners.

Data

●Kaminanokawa, Niyodogawa-cho
●090-3185-3655
●Open /
[April to November] 9:00 to 17:00
[December to March] 9:00 to 16:00
●Closed / Reservations required
●Experience/ Half Day Course
5,700 yen



Where to play in Niyodogawa Town?

Experience Facilities Guide

Japan's first suspension bridge and zip line with a spectacular view, operated by a tea farmer.

The roundtrip journey takes you 30 meters above the Iwaya River Valley, where unspoiled nature still remains. This activity is full of fear and exhilaration.

Data

●2551-31 Besshi Ishinouchi,
Niyodogawa-cho* Iwayagawa
Valley Yuhodo-mae
●090-4546-0855
●Closed / Thursdays
●Open / 9:00 to 17:00



Gorge Adventure in Niyodo Blue! Niyodo Adventure

Canyoning and packrafting (inflatable boats) can be experienced in the Nakatsu Valley and the upper section of the Niyodo River. Experienced instructors serve as guides.

Data

●450 Nanokawa,
Niyodogawa-cho
●080-5026-3288



Outdoor base for canoe and SUP experience

Niyodo River Outdoor Center

Crystal clear kayaking and SUP experiences are available.

Shoot from all angles with a professional photography drone and waterproof camera. Make your precious memories here.

Data

●Nagaya 6, Niyodogawa-cho
●0889-20-9619
●Open / 8:30 to 17:00



Niyodogawa Town Map at a Glance

Entire MAP

Legend

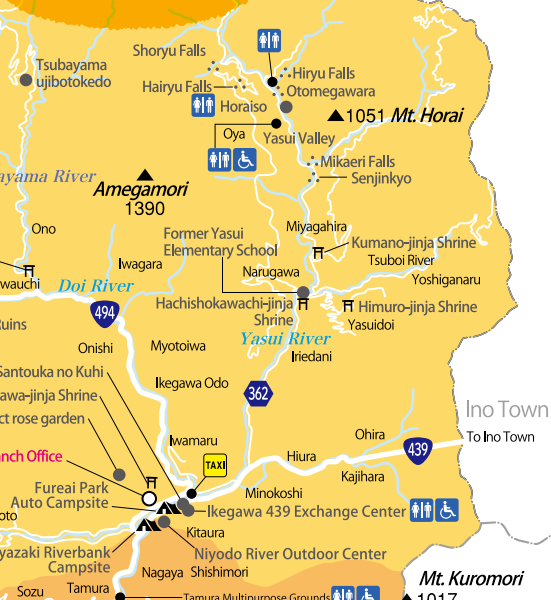
- 33** National Route
- 18** Prefectural road
- Prefectural boundary
- Town and village boundary
- GS** Gas station
- 110** Police station
- TAXI** Taxi
- Toilet
- Toilet for persons with disabilities

Ehime Prefecture
Kumakogen Town



Mt. Tsutsujo ▲1859

Northern Area



Central Area



Southern Area

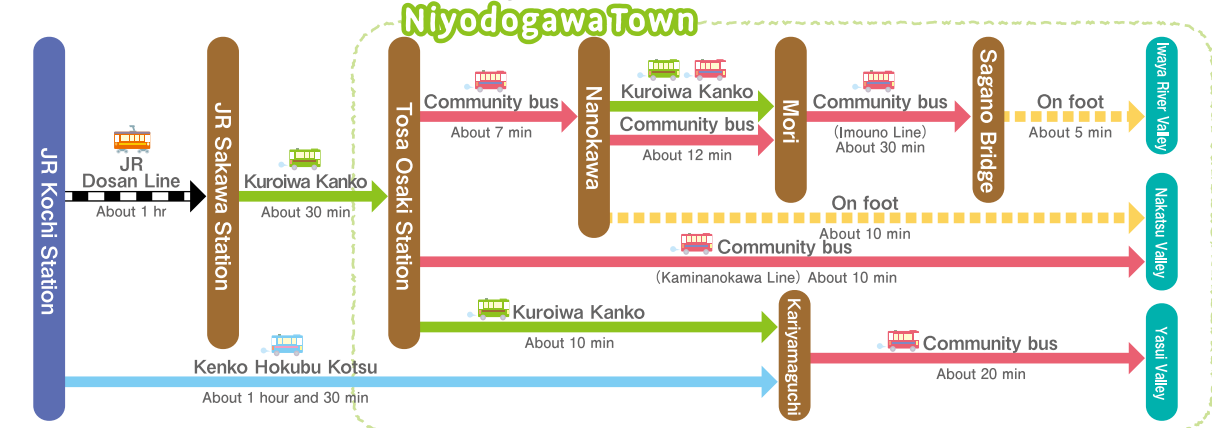


- Niyodogawa Town Hall Tel. 0889-35-0111
- Ikegawa General Branch Office Tel. 0889-34-2111
- Niyodo General Branch Office Tel. 0889-32-1111
- Nanokawa Branch Office Tel. 0889-36-0020
- Choja Branch Office Tel. 0889-32-1708

Information on Niyodogawa Town, etc...
Niyodogawa Town Search
<https://www.town.niyodogawa.lg.jp/>

Niyodogawa Town Access Guide

Public Transportation



Plane

Tokyo (Haneda)	10 flights a day	37 buses a day	37 buses a day
Nagoya (Komaki/Chubu)	3 flights a day	37 buses a day	37 buses a day
Osaka (Itami)	6 flights a day	37 buses a day	37 buses a day
Fukuoka	2 flights a day	37 buses a day	37 buses a day

Japan Airlines (JAL) Tel. 0570-025-071
All Nippon Airways (ANA) Tel. 0570-029-222
Fuji Dream Airlines (FDA) Tel. 0570-55-0489

Taxi

- Takagi Hire Tel. 0889-32-1056
3743 Chojaei, Niyodogawa-cho
- Ikegawa Kotsu Hire Tel. 0889-34-2450
1036 Doiko, Niyodogawa-cho
- Agawa Taxi Tel. 0889-35-0108
403-1 Osaki, Niyodogawa-cho

Railway

Hiroshima	Shinkansen	Shinkansen	Tokyo
Hakata	Shinkansen	Shinkansen	Nagoya
Kumamoto	Shinkansen	Shinkansen	Shin-Osaka
Kagoshima Chuo	Shinkansen	Shinkansen	Shin-Osaka

Transfer time is not included.
JR Shikoku Telephone Information Center Tel. 0570-00-4592 (8:00 to 19:00 Open all year round)

Rental car

For getting around town and sightseeing, it is convenient to use your own car or a rental car. Some railroad and airline companies offer discounted rates for rental cars, which can be a great deal. Please check the websites of each railroad and airline company for information on how to use their services and partner companies.





A journey to forget time and discover yourself.

photo: Nobuyuki Takahashi

 Niyodogawa Town



Niyodogawa Town,
Kochi Prefecture

〒781-1592 200 Osaki, Niyodogawa-cho,
Agawa-gun, Kochi Prefecture 781-1592

<https://www.town.niyodogawa.lg.jp>

TEL:0889-35-0111 FAX:0889-35-0571

